

CCBHC Planning Grant

APRIL 20, 2023

On March 16, the Substance Abuse and Mental Health Services Administration (SAMHSA) announced that Iowa was one of 15 states awarded a one-year, \$1 million planning grant to support the design and implementation of an Iowa-specific Certified Community Behavioral Health Clinic (CCBHC) program.

CCBHCs are specially designed clinics that provide a comprehensive range of mental health and substance use services. CCBHCs serve anyone who walks through their doors, regardless of diagnosis or insurance status. CCBHCs must meet certification criteria and must provide or coordinate nine core services, including:

- Crisis mental health services including 24-hour mobile crisis teams, emergency crisis intervention, and crisis stabilization
- Screening, assessment, and diagnosis including risk assessment
- Patient-Centered treatment planning or similar processes, including risk assessment and crisis planning
- Outpatient mental health and substance use services
- Outpatient clinic primary care screening and monitoring of key health indicators and health risk
- Targeted case management
- Psychiatric rehabilitation services
- Peer support, counseling services, and family support services
- Intensive community-based mental health care for members of the armed forces & veterans

States that receive a planning grant are required to apply to be part of the CCBHC Demonstration in March 2024. The Demonstration is a 4-year program that includes enhanced federal funding for CCBHCs certified in Iowa. 10 States will be selected to join the Demonstration in 2024. For states that are not selected to join the Demonstration, there will be additional opportunities to join the Demonstration in subsequent years.

Iowa already has many providers who are self-certified as CCBHCs through SAMHSA's grant program; over the next year, Iowa will design a state CCBHC certification process, led by HHS.

- Current CCBHCs in Iowa are known as CCBHC Expansion Grantees. They have received a time limited grant from SAMHSA to support their CCBHC certification activities.

- Under the CCBHC Demonstration, which Iowa will be applying to join, an Iowa-specific CCBHC certification process will be established. Under the Demonstration, Iowa-certified CCBHCs are eligible for an alternative reimbursement for their behavioral health services under a cost-based Prospective Payment System.